

FREE CARDIAC SCREENING PROGRAM

Every year we hear of young athletes who die of cardiac arrest. Tragically, the first sign of heart problems in children is often cardiac arrest. This program can make your child safer. A routine ECG/ EKG (Electrocardiogram) can detect some of the more common heart problems. It is quick, simple, and painless. EKGs in this program are read by board certified pediatric cardiologists at no cost to the parent. There is no cost to the student.

Many organizations on the national and international level are making EKG testing mandatory prior to participation. FIFA, the international body for soccer, requires testing of all participants. The International Olympic Committee also requires that all athletes be screened prior to participation. Insurance companies who insure athletes in the NFL, NBA, MLB, and MLS require testing prior to insuring athletes resulting in 80 percent of all professional athletes in the US being tested. *

This, procedure, which could cost at least \$75 in a doctor's office, is brought to our area through the cooperation of three entities that are deeply concerned for the health of young people: Lincoln County Hospital; The AndraHeart Foundation; and Who We Play For Foundation.

EKG screening is recommended every other year for children 12 and older, whether or not they are student athletes. Children 10-12 will be screened only if there is a specific concern. The more sophisticated current technology is NOT applicable to children under 10.

For your child's health, please accept this invitation by filling out the attached consent form and return to school. The school will advertise the where and when at that time.

LincolnHospitalDist. 3



Lincoln County Hospital is focused on providing the best preventive medicine and wellness programs. It believes that Lincoln County's young people and their families benefit from the information an EKG provides.



Andraheart is a non-profit organization founded in memory of Andra Dalrymple, who died at age twelve from a symptomless genetic heart condition that could have been detected by a simple EKG. Its mission is to, "improve the world, one heart at a time." It provides volunteers to help Lincoln County Hospital and Who We Play For. Andra's grandmother is a Lincoln County Resident.

Who we Play For, formerly Cypress ECG Project, is a non-profit organization focused on preventing heart attacks in young people across the country. The pediatric cardiologist is contracted with Who We Play For. Lincoln Hospital District 3 and North Basin Medical Clinics do not participate in and assume no liability for the interpretation of the report. The School's position is limited to facilitating the testing and delivery of results.

*For more information go to <http://www.Andraheart.org>